

ACTION PHASE

On the following programs: UK Spring 2012 Employer Showcase and Women in Business Panel & Networking Reception. See exploration section for details.

Kentucky Teachers Network 2012 Job Fair

Education majors can network with over 50 potential school districts regarding employment opportunities. Dress professionally and bring 20 copies of your resume. Visit our website for a current list of employers. Presented in partnership with Eastern Kentucky University, Kentucky State University, and Morehead State University.

• Mar. 27, 3:30 – 6:00 p.m., Student Center Ballroom

Job Search Crash Course

Graduating in May? Learn the essentials to land a job after graduation including interviewing and dress for success, resume development, professional correspondence, networking and job search strategies.

• Feb. 29, 3:30 p.m. - 5:30 p.m., Stuckert Career Center

Last Minute Job Search

Hear from an employer panel and learn job search and interview tips from the other side of the table. Get the scoop on why LinkedIn is so critical in your job search. Have your resume reviewed. All attendees will receive a free leather portfolio and business card holder. Space is limited. Register at ukalumni.net/career The \$5 fee includes lunch. Presented in partnership with the UK Alumni Association.

• Apr. 11, 11:00 a.m. – 1:00 p.m., King Alumni House

Career Academy

Learn the skills you need to manage your career including job search skills and tools such as resumes, cover letters, job search strategies, interviewing and salary negotiation. Free lunch included during the discussion and Q&A time.

• May 7, 10:00 a.m. – 1:00 p.m., Stuckert Career Center

Networking

• Jan. 30, 3:30 p.m., Job Searching and Networking Strategies for A&S Majors

Evaluating and Negotiating Job Offers

• Apr. 12, 3:30 p.m., Salary and Wage Information and Negotiation, CB 102

On the Job Success

• Apr. 17, 3:30 p.m., How to Keep Your New Job: Inter-Office Business Etiquette, Stuckert Career Center

SPECIALIZED PROGRAMS

College of Education

Overview of Career Services and Setting up a Wildcat CareerLink Account

• Feb. 21, 5:00 p.m., Taylor Ed. Bldg. Rm. 138

College of Nursing Application Info Sessions

Room 115 Nursing Building

• Jan. 18, 3:00 p.m.

• Jan. 19, 12:00 p.m.

• Feb. 8, 2:00 p.m and 3:00 p.m.

Career Success: Are you ready?

Only for students in the First Scholars, Robinson Scholars, and Student Support Services programs. This dinner event covers Career Development and Planning with break-out sessions on finances, resumes, interviewing, job success and more.

• Jan. 24, 5:00 p.m. – 8:00 p.m., White Hall

WILDCAT CAREERLINK

Your one-stop career management tool and resource to help you connect with employers. Access FREE resources that help you research companies and conduct practice interviews online. You can also browse through hundreds of jobs and internships, build a resume, connect with mentors in your field of interest, sign up for on campus interviews with employers, view sample resumes and cover letters, learn about upcoming events/workshops all at your convenience. To register, visit our website www.uky.edu/careercenter and click the Student tab on the left.

CONTACT INFORMATION

408 Rose Street, Lexington, KY 40506-0494

P: (859) 257-2746

F: (859) 323-1085

ukcareercenter@uky.edu

Visit our website for up-to-date information:

www.uky.edu/careercenter

OFFICE HOURS

Monday – Friday 8:00 a.m. – 5:00 p.m.

QUICK CAREER CONSULTS (QCC)

Monday – Thursday 11:00 a.m. – 3:00 p.m.

Get immediate results with a 10-15 minute consultation on career options, resumes, cover letters, job search strategies, resources, Career Fair preparation.

INDIVIDUAL APPOINTMENTS

Meet with a career professional to discuss any of the following:

- Assessment of skills, values, interests and type
- Explore career options and resources
- Internships
- Resumes and cover letters
- Interviewing skills and practice interviews
- Networking skills
- Job searching skills
- Salary negotiation
- Evaluating and negotiating job offers



JAMES W. STUCKERT
CAREER CENTER

James W. Stuckert Career Center



Programs & Events SPRING 2012

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STAGES OF CAREER PLANNING

SELF-ASSESSMENT

In this stage you are discovering your skill sets, interests, personality and values in relation to different occupations and determining the factors that are important to you in choosing a career.

EXPLORATION

In this stage you are investigating your career options by researching industries, gathering information about different occupations, and gaining insight from hands-on experience or first-hand information.

PREPARATION

In this stage you are developing the knowledge, experience and skills you need to be successful in your career.

ACTION PHASE

In this stage you have developed your career goals and are narrowing in on your target career. You begin to develop and implement an effective job search strategy; researching companies, networking, applying for jobs, interviewing and negotiating and accepting offers.

STUCKERT CAREER CENTER PROGRAMS AND EVENTS

SELF-ASSESSMENT

Career Assessment Workshops

Need clarity on your major or career path? Gain knowledge and insight to help you in making important decisions about your life and career through these interactive workshops guided by Stuckert Career Center staff. You are required to complete the assessments online prior to the workshop. Please stop by during QCC to talk to a staff member to determine which workshop is best for you.

James W. Stuckert Career Center Rm. 101, 3:30 p.m. – 4:20 p.m.

Strong Interest Inventory

See how your interests compare to those working in a variety of occupations.

• Feb. 2, 9, 23 • Mar. 1, 8, 22, 29 • Apr. 5, 12, 19, 26

Myers Briggs Type Indicator

Understanding yourself and colleagues in the workplace.

• Feb. 21 • Apr. 24

If you are unable to these workshops held on Thursdays, the Counseling Center also offers Career-Decision Making workshops at Frazee Hall Rm. 203 most Tuesdays and Wednesdays throughout the semester. Call 257-8701 for more information.

How to Evaluate Your Career Choice: "Am I on the Right Track?"

Do you ever wonder where your current major may lead you? Or do you want to make sure you are making the most of your college experiences? You will learn about stages of career exploration and enter into a process of self-examination to help you determine the best career path for you. You will gain resources to begin exploring careers and developing the knowledge, skills and experience to successfully pursue your chosen career path.

• Feb 22, 2:00 - 4:00 p.m., Student Center Ballroom

EXPLORATION

Employer Information Sessions

Meet employers and learn about opportunities with their company. Check Wildcat CareerLink for more details. Business casual attire is suggested.

Internship Information Sessions

Learn about the process of acquiring internships to gain valuable experience while also earning academic credit.

James W. Stuckert Career Center Rm. 203

• Jan. 9, 2:00 p.m. • Jan. 10, 11:00 a.m. • Jan. 11, 10:00 a.m.
• Jan. 17, 11:00 a.m. • Feb. 8, 2:00 p.m. • Feb. 22, 11:00 a.m.
• Mar. 2, 2:00 p.m. • Mar. 7, 2:00 p.m. • Mar. 22, 3:30 p.m.
• Apr. 3, 2:00 p.m. • Apr. 11, 11:00 a.m. • Apr. 27, 11:00 a.m.
• May 1, 12:30 p.m. • May 2, 10:00 a.m.

• Jan. 31, 3:30 p.m., How to Find and Apply for Internships – A&S Natural Sciences Majors, Stuckert Career Center
• Feb. 2, 3:30 p.m., How to Find and Apply for Internships – A&S Social Sciences Majors, CB 102
• Feb. 6, 3:00 p.m., How to Find and Apply for Internships – A&S Humanities Majors, Stuckert Career Center

UK Spring 2012 Employer Showcase

The best opportunity for University of Kentucky students and over 100 potential employers to exchange information regarding opportunities for internships and employment. Dress professionally and bring 25 resumes. Visit our website for a current list of employers.

• 12:00 p.m. - 4:00 p.m., Student Center Ballroom

Feb. 14 – Technical Career Fair

Seeking candidates in computer sciences, construction, engineering, information systems/technology, scientific research, and other fields with a technical or scientific focus.

Feb. 15 – Non-technical Career Fair

Seeking candidates in accounting, banking/finance, consulting, communication, health care, government, human services, management, marketing, nonprofit, retail, sales, and other fields without a technical or scientific focus.

Career Networking Reception

Build your professional contacts and receive information about career opportunities through networking. Speak to various employer representatives in regards to internship and employment opportunities. Sponsored in partnership with several student organizations. Professional attire is required and light refreshments will be served. Sign up via Wildcat CareerLink.

• Feb. 2, 5:00 p.m.-7:00 p.m., Rasdall Gallery (Student Center)
• Mar. 7, 5:00 p.m.-7:00 p.m., Rasdall Gallery (Student Center)

Women in Business Panel & Networking Reception

Get insight into the success and challenges of a women-owned business. Attend the panel discussion and networking event co-sponsored by the Stuckert Career Center and the Lexington Chapter of the National Association of Women Business Owners. Learn about great available resources, ask questions and meet leading Lexington women business owners.

• Feb 28, 4:00 p.m. – 6:00 p.m., Stuckert Career Center

Employer in Residence Program (ERP)

The Employer in Residence Program is the ultimate bridge between academia and real-world careers and opportunities. Employers will be available on select dates throughout the semester to facilitate workshops and career advising.

ERP: Student Lunch and Learn Workshop: "How to Prepare for Medical School?"

• Jan. 20; Feb. 27; Mar. 7, 12:15p.m.-1:15p.m. Stuckert Career Center
Register via Wildcat CareerLink and bring your lunch & drink!
*Presented in partnership with UK Chandler Hospital

ERP: Group Career Advising. Limited one on one appointment availability. Stuckert Career Center. Sign-up by calling (859) 257-2746

• Jan. 17, 20 and 30; Feb. 10 and 17; Mar 7, 14 and 21

PREPARATION

See exploration section for details on the following programs: Employer Information Sessions, Internship Information Sessions, UK Spring 2012 Employer Showcase, and Women in Business Panel & Networking Reception

Preparing for a Career Fair

• Feb. 9, 3:30 p.m., CB 102

Resume Workshops

• Jan. 26, 3:30 p.m., Resumes Building for A&S Majors, Stuckert Career Center

Resume and Interview Prep Event

Gain an employer's perspective on ways to improve your resume and interviewing skills. You can choose a 10-15 minute resume critique, a practice interview or both. Sign up on-site. Presented in partnership with the College of Engineering and the Graham Office of Career Management.

• Feb. 7, 10:00 a.m. – 2:00 p.m., RGAN Commons

• Feb. 8, 2:00 p.m. – 4:00 p.m., B&E Atrium

Life After College Retreat

Make a successful transition from College into the workplace. Learn valuable skills and information about relocating, benefits, money management, public speaking, diversity in the workplace, career strengths, professional presence and more! This event is only for those graduating between December 2011 and December 2012. The cost is \$5 and includes door prizes, breakfast, lunch and a FREE gift! RSVP required at www.ukalumni.net/LifeAfterCollege or by calling 859-257-3569. Questions? Contact Meg Phillips at meg.phillips@uky.edu or Miranda Scully at miranda.martin@uky.edu.

• Feb. 4, 9:30 a.m. - 5:00 p.m., UK Student Center, Room 230

Etiquette Dinner

Learn how to navigate an interview lunch or dinner situation with potential employers. You will learn and apply basic dining etiquette during this formal dinner experience. For fees and up-to-date information visit our website. Seating limited so register through Wildcat CareerLink. Presented in partnership with Beta Alpha Psi.

• Apr. 5, 6:30 – 8:00 p.m., Student Center Small Ballroom

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